

OrthoK has improved my experiences with many physical activities. I am an avid scuba diver, and nearsighted divers are often forced to use prescription masks that are troublesome and usually improperly tailored. Contact lenses also are a hazard as pressure increases in deeper waters. OrthoK resolves these problems entirely and I can dive unrestricted.

OrthoK has also allowed me to play water polo. Glasses or prescription goggles lead to the possibility of losing an eye, while contact lenses are even more dangerous. With OrthoK, my vision is clear and the lens is worn at night.